

The Counseling Center now offers the following groups:



- Pre-Teens & Teenagers Group
- Helping individuals deal with a mental illness
 - *Young Adult Socialization*
 - *Family/Parent Support Group*
- Support Groups
 - *Social Anxiety Group for Women*
 - *Living with Diabetes*
 - *Men's Group*
 - *Relapse/Recovery*
 - *Seniors Group*
 - *Depression & Mood Disorder*



We accept most insurances including Medicare and Medicaid. Please call the Counseling Center for more information or to join any of these groups.